

# June 2015 at thePlate Boutique

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Double Up Reward Points!			Mt P Craft Beer Festival, Open Late 'til 8pm!
	1	2	3	4	5	6
New! Sip & Shop Sundays			Double Up Reward Points!	Healthy Cooking with Beef Class, 7pm (Mt P)		Monroe Center Chalk Flood & Street Fair (GR)
7	8	9	10	11	12	13
Father's Day DIY  New! Sip & Shop Sundays	Ancient Grains 101: Quinoa, 7pm (MtP)		Double Up Reward Points!	Smile When You Remember Alzheimer's Event, 12-9pm (GR)	Healthy Cooking with Beef Class, 8pm (GR)	Father's Day DIY
14	15	16	17	18	19	20
New! Sip & Shop Sundays JUMP INTO SUMMER SALE	JUMP INTO SUMMER SALE	JUMP INTO SUMMER SALE	Double Up Reward Points! JUMP INTO SUMMER SALE	Ancient Grains 101: Quinoa, 6:30pm (GR) JUMP INTO SUMMER SALE	JUMP INTO SUMMER SALE	Farm to Table Veggie Prep Class, 8:30am (Mt P) JUMP INTO SUMMER SALE
21	22	23	24	25	26	27
New! Sip & Shop Sundays						
28	29	30				

## Sales Events

**Jump into SUMMER Sale!** To ring in the official summer season we are bringing you great deals on summer time essentials!

**Double Reward Points Wednesdays:** Fill 2 boxes on your Plate Rewards card instead of 1! Get closer to your rewards on Wednesdays!

## Lunch Breaks & In Store Special Events

**Mt. Pleasant Craft Beer Festival:** We're excited to support this fun food event by staying open late and offering a 10% discount to shoppers who stop by and show us their tasting glass!

**Smile When You Remember:** Support Alzheimer's and Memory Care with this special event. thePlate is donating 20% of all sales in Grand Rapids to the cause on this day! And 20% of online sales all month long! Plus, check out our nutrition booth, and food demos throughout the day.

**Father's Day DIY:** Make a homemade gift for dad at our DIY Coaster Station. This is a free event, but donations are accepted.

**NEW! Sip & Shop Sundays:** ANNOUNCING Summer Sunday Hours from 12:00pm 4:00pm and enjoy refreshments while you shop!

## Hands-On Classes

**Healthy Cooking With Beef:** Nutrition Expert & thePlate owner Kati is ready to show off the tools needed to cook a delicious meal using beef. COST: \$30

**Ancient Grains 101: Quinoa:** You may have heard of this grain, but are not sure how to use it? It can fit into all three meals and this class will show you how! COST: \$25

**Farm to Table Veggie Prep Class:** We're partnering up with the Mt. Pleasant Farmers Market for another fun hands on class! Learn our secrets for buying, prepping and storing fresh produce so you save time and money in the kitchen! COST: \$15 per adult/\$7 per child

## thePlate Boutique

Downtown Mt Pleasant  
120 E Broadway St  
Mt. Pleasant, MI 48858  
Mon-Sat: 9:30am-5:30pm  
Sun: 12pm-4pm  
989-400-1478

Downtown Grand Rapids  
MoDiv/40 Monroe Center  
Grand Rapids, MI 49503  
Mon-Sat: 11am-6pm  
Sun: 11am-4pm  
616-284-1410

<http://aroundtheplate.org/boutique>